



The whole point of these sayings
is to leave your mind empty, not full.

If you go away with learning,
you have missed the opportunity.

Satsang is not a teaching
but a clarifying,
so that true understanding
may be reinstated and delusion dispelled.







I am not a speaker nor a preacher.
I have no mission to change the world.
I have no original words
or teachings to give anyone.
In innocence, I reflect only what I
have experienced directly inside my Heart,
in the most natural way.
I have no fascination for fresh ideas or activity.
All enthusiasm for worldly endeavours
and striving have all but gone.
For me, thoughts, words and deeds
—the activities of life—are merely the utensils
for serving out the
prasad of the Beingness.



I don't
have any knowledge.

I only
recognise ignorance.



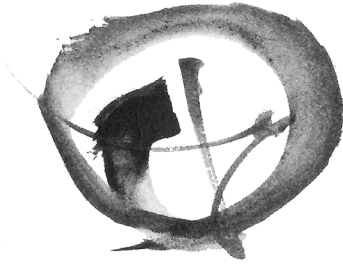
Conceptual spirituality
has always been readily available.
What is rare, is Holiness
—that which shines
by itself when knowledge
is swallowed inside
the Heart.



As guests do not arrive
at a restaurant
bringing their own menus,
do not come to life with your own
list of requirements.

Who will be content
with the meals that life prepares?

It is not about mind-watching;
but rather recognising
That which watches the mind.



Realising no concept
has autonomy,
keep mind as an open space.
Neither close any concept
as fact nor take ownership of it.
Most importantly, refrain
from identifying with any idea
however enticing.
Thus, you will not limit
your natural mind.